CHASING THE DREAM

WPT LADIES CHAMP NANCY TODD TYNER IS ON A MISSION





What MARIES is various like Nimey Total Types speed long days in university piles and being bench with North-youl mess own a cost general Er in earlier source point drivate loss. As her piless of their should, As not the nature and fame, the her piless of their should, As not the nature and fame, the Are should approached that a long piles also consulting source. Ex sourceasing small shopes and much hander on achieve, Er along Allelling a pownie or the post of the five parts and and is the process, hereing more things about family, Maries TadAllelling than the process of the process.

Monty Todd Tyner has considing to gener, not to the constitution to make a single me the very to the Mynuhave sinder sheet whether the periodic drawed prints the first desired on every frage the just value for the first constitution or every frage the just value for the first constitution of the single sheet the just of a lange WOOD transverse view, you gift mentro look up her statistics on political constitution. On bearing the statistics on political constitution, the look of the statistics on political constitution, the look of the statistics on political constitution, the look of the statistics on political constitution, and look of the statistics on political constitution, and look of the statistics on political look of look of the look of the look of the look of political look of look look of l



Nore effective treatments are not

POLITICS TALIGHT ME

ABOUT THE WORLD POKER TEACHES ME ABOUT MYSELF, AND IT'S A NEVER-ENDING EDUCATION:

for a paker tourns

"Poker brought me

In Season of History -

Nancy's focus pow is on "making hista-

other alternatives header those offered

As a way to fulfill the past that she and Hayden made five years ago, she has not

country" to fulfill their dream of a college

estion.

applied a responed pre, Vanessa Selbet, who was highly favored to wie. Since

She approached last year's WSOF as a

WHAT DRIVES Hest

ANYONE WHO IS PAID TO THINK ABOUT

STRATEGIC MOVES

THAT RELATE TO

MANIPULATING HOW

OTHER PEOPLE THINK

AND PERCEIVE YOU IS NOT SOMEONE YOU

WANT TO FACE AT

THE POKER TABLE

She care to policy by fighting another

She lost her oldest son, Handen, to

When he was sick, we would watch poler on TV for something to do, and see

really believed that and reacted to make

and he was unable to realize that decare.



WHAT DOES IT TAKE TO MAKE A CHAMPION?

some to win you have to be in toy
used to win you have to be in toy
and mental slages.

Solous are the few things that N
are most assemble force and
taking the host passable force and
taking the host passable force and
to flow your proposation are
comportance. Or, we do color force!

sell be any alphoning. I promise.

EDSPCATION - Reading about the gas discussing it with others, and then it exiting hands after toursaments are demonst in this facet of the man preparation. 'I always my no think.

three things I could have done differently, or more monomially," the mps. "Then I apply them next dens."

PORTITIS MINISTET " "It's important to be able to move on other a had bear. "You can't focus on the finner you love, beauses we all have showe these when there had had," We intell have to be it.

shalf one way the feet blan. An example the restar were devising account over side the feet bland pointed out the districtive near the feet bland pointed out the districtive near the feet bland blan

Series the "The World Seriesss")

PHYSICAL MELL-BEING — Get a good night's sloop every night, but especially before a tournament.

Eat a light breakfast the day of the tour-

No heavy meda, especially those incluing sterches. This meson on floor, parts, bread.

Ho skinbol throughout the entire WSO.

No delay products. No sugar, Lora alkalian states and mesonous supplement. An intensive three-day desor that yi POCES - Limit distractions by finding a confrontible hard or rest a house near the case has been provided by the confrontible hard or rest a house near the case in white year cars was and step focused. In order to det that, Yanay moves into the file for the orative length of the tournament. But deepn't side, anyone she's there, and the doesn't intense has phone or her small, for the most part. See never gare out to disease or host part. See never painer distracts. Her steps frommed on the painer distracts.

In account, the entire eventually in the control of the control of

It's important to be construide. SYNTHESIS - And finally, the brings all of this together, every single day, to make it all part of a later sharp focus that is incondiary.